

The Blake CE Primary School Curriculum Provision for Physical Education

Year Group		Term One	Term Two	Term Three	Term Four	Term Five	Term Six
Year One	Indoor	'Traditional' playground games (based on playground markings and available equipment)	Dance	Gymnastics - floor work moving to apparatus	Indoor Athletics, e.g. relays, jumping	Dance	Indoor Games
	Outdoor	Continuous minutes of running	Core skills, e.g. running, jumping, throwing and catching	Continuous minutes of running	Games skills	Outdoor Athletics	Games
Year Two	Indoor	Gymnastics - Core skills and floor work	Gymnastics - floor work moving onto apparatus	Dance	Cricket	Indoor Athletics, e.g. relays, jumping	Indoor Games
	Outdoor	Core skills, e.g. running, jumping, throwing and catching	Core skills, e.g. running, jumping, throwing and catching	Games skills	Games skills	Outdoor Athletics	Games
Year Three	Indoor	Dance	Gymnastics - Core skills and floor work	Gymnastics - floor work moving onto apparatus	Swimming	Swimming	Swimming
	Outdoor	Net Games skills	Invasion Games	Invasion Games	Athletics skills, e.g. jumping, relays, running, throwing	Striking and fielding	Athletics

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Year Four	Indoor	Swimming	Swimming	Gymnastics - Core skills and floor work	Gymnastics - Core skills and floor work	Dance	Indoor Athletics
	Outdoor	Net Games skills	Invasion Games	Ball skills	Invasion Games	Athletics	Striking and fielding
Year Five	Indoor	Gymnastics - Core skills and floor work	Indoor Athletics	Swimming 5FH/ Gym 5AH	Swimming 5AH/ Gym 5FH	Gymnastics -floor work moving onto apparatus	Indoor Athletics
	Outdoor	Invasion games Rugby	Invasion Games Hockey	Invasion Games Netball	Invasion Games Football	Net Games	Striking and fielding
Year Six	Indoor	Gymnastics - Core skills and floor work	tbc	Gymnastics -floor work moving onto apparatus	Dance	Indoor Games	Indoor Athletics
	Outdoor	Outdoor Adventurous Activities (Residential)	Invasion Games	Invasion Games	Invasion Games	Athletics	Striking and fielding